How to help a child who is grieving

Allow expression of all feelings. Help the child share memories. Be honest and specific when telling the child about the death. Realize grief is an ongoing process with no easy answers.

Recognize that laughter and play do not mean the child is not grieving. Allow the child to ask questions. Listen.

Visit thewarmplace.org for resources.

It is amazing to witness the healing and hope that children who are grieving experience when they realize they are not alone. The connection that children make through attending our peer support groups is often the foundation for healing to begin."

—Shelley Bettis, Executive Director



Our mission is to provide year-round grief support services to children ages 3 ½ to 18 and their families, as well as young adults ages 19 to 25, who have experienced the death of a loved one.

Since 1989, The WARM Place has served over 48,000 children and family members on their grief journeys.

Scan to get involved and learn more.







The WARM Place®
Grief Support Center for Children

- thewarmplace.org
- 809 Lipscomb Street Fort Worth, Texas 76104
- **9** 817.870.2272
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The WARM Place®

Grief Support Center for Children

Where children and families who are grieving find hope.





You Are Not Alone

We're here to help children along their grief journeys after the death of a loved one. The WARM Place offers support, encouragement, and community to families during their most difficult time.

HOW WE HELP

After a death loss, children need to know they aren't alone and they have a safe space to express feelings of grief.

Through our peer support groups, potluck dinners, and special family events, The WARM Place helps children and their families normalize their feelings and connect with other families who understand. Grief is different for every child, which is why we are here to help for as long as they need.

- ✓ No time limits
- √ No geographical limits
- ✓ No cost to families



Peer Support Groups

Our programming is always offered at no cost to families.

GROUP NIGHTS

In-person, year-round group nights begin with a potluck dinner, followed by small groups divided by grade and type of death loss.

- Ages 5 18 and their families
- Every other week, 6:15 8:30 p.m.

PRE-K GROUP



The Pre-K group is designed for the littlest hearts grieving the death of a loved one.

- Ages $3 \frac{1}{2} 5$
- Meets once a week for 10 weeks from 12:00 – 1:00 p.m.
- Spring & fall sessions

YOUNG ADULTS GROUP



This group provides a safe, supportive environment for young adults along their grief journeys.

- Ages 19 25
- Meets once a week for 8 weeks from 7:00 – 8:30 p.m.
- Spring, summer & fall sessions

VIRTUAL GROUPS



Virtual, year-round grief support groups that meet bi-weekly for children and their families.

- Ages 5 18 and their families
- Meets bi-weekly on Tuesday evenings for 30-45 minute sessions

Normal childhood reactions to grief

Anxiety, crying, lower grades, aggressive behavior, fears, sleeplessness, nightmares, mood swings, headaches, withdrawal, stomachaches, fatigue, and regressive behavior.

Help Make a Difference

VOLUNTEER

Volunteers at The WARM Place help children and families find hope and healing along their grief journeys. We couldn't do it without them!

Group Facilitator

A Group Facilitator is a volunteer that helps provide a safe, caring environment for children grieving the death of a loved one through group discussions and activities in our peer support groups.

Houseparent

Houseparents help create a welcoming environment for children attending in-person group sessions by greeting families and helping during potluck dinners.

DONATE

Your investment in our mission helps ensure no WARM Place child grieves alone. From monthly donations to shopping our wishlist or sponsoring an event, you can make a difference.